

Groove

Choreographed by: Brian Barakauskas
Song: Love is Alive by Anastacia
Four Walls, 32 Counts

- 1&2 rock back on right, recover, step right to right side
3 turn full turn to right, change weight to left foot
&4 take two small steps forward (right, left)
5&6 rock forward on right, recover, step right together with left
7&8 triple forward (left, right, left)
- 12 step right foot forward making 1/2 turn to left (weight stays on right)
3 kick left foot forward
&4 take two steps back (left right) look to left on count 4
5 hold--point right arm to left
6, 7, 8 hold--slowly swing arm around to point forward
- 1&2 sailor step making 1/4 turn to left (left, right, left)
3&4 triple forward (right, left, right)
5 step forward on left
6 hold
& step right behind left
7 step forward on left
8 hold
& step right behind left
- 1 step forward on left
2& rock forward on right, recover
3 low ronde with right foot
4&5 swing right foot around into sailor step turning 1/4 to right (right, left, right)
6 turn 1/2 turn to left, change weight to left foot
7 step forward on right
8 turn 1/2 turn to right stepping back on left foot