

## SUGARFOOT SHUFFLE 2000

### Triple, Walk., Walk

- 1 & 2. Triple R. for. RLR
- 3&4. Triple L. for. LRL
- 5-6. Walk for. R,L.
- 7-12. REPEAT ABOVE

### Modified Sugarfoot

- 13-14. Cross R. over L. HOLD
- 15. Touch L. toe at R. instep, turning L. knee in
- 16. Touch L. heel at instep, turning L. knee out
- 17-18. Cross L. over R. HOLD
- 19. Touch R. toe at L instep, turning R. knee in
- 20. Touch R. heel at instep, turning R. knee out

### Hips

- 21-22. Step R. to R. and push R. hip out 2x
- 23. Recover wt. L.
- 24. Step R. to R. and push R. hip out

### Walk Man 1/4 turn R. Lady 3/4 turn L.

- 25-27. Walk for. LRL. Lady turns 3/4 L. ends facing outside LOD
- 28. Touch R. toe, Man turns 1/4 R. ends facing outside LOD, behind Lady

### Wing and Vine

- 29. Step R. to R. side
- 30. Touch L. toe behind R.
- 31-33. Vine L. Step L. to L side, cross R. behind, Step L to L side
- 34. 1/4 turn L. Both partners are facing LOD

### Triple Heel Return Rock Return

- 35&36. Triple R. for. RLR
- 37. Touch L. heel for.
- 38. Return L. heel home
- 39. Rock back R. L. lifts off floor
- 40. Recover wt. L.

DESCRIPTION: Progressive Partner Dance, Side by Side. Holding R. hands at Lady's shoulder

DIFFICULTY: Beg./ Intermediate

MUSIC: Texas Ranger, LACE What's the matter with you baby CLAUDIA CHURCH

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309-289-6768 \*[Kment@gallatinriver.net](mailto:Kment@gallatinriver.net) This is a rewrite of my old Sugarfoot Shuffle of 1985, which had an odd count. If you enjoy the old, continue, but give this a try. Thanks!

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*Kathy Stearns*  
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