

# Start Walking!

Choreographer: Mark Cosenza

Choreographed Music: These Boots Are Made For Walking – French Affair

Practice Track: These Boots Are Made For Walking – Nancy Sinatra

Phrased Line Dance – Intermediate Perform as follows: AAB, AAB, AAB, A-'s to the end

(This sequence works for both the choreographed and practice track.)

Website: <http://countryedge.com>

## Section A (32 Counts) – 4 Walls

### **(1 – 8) Shuffle Forward, Brush & Step, ½ Turn Shoulder Pops To the Right**

1 - 3 Step Right Forward, Step Left Next To Right, Step Right Forward

4 - 5 Brush L Forward, Step L forward

6 - 8 Pivoting ½ R, Pop Your Shoulders Up and Down 3 times (Lean back slightly & keep weight on Left)

### **(9 - 16) Forward Rock and Cross, Forward Rock and Cross**

1 - 4 Step Diagonal Forward Rock R, Recover on L, Step Forward & Cross R over L, Hold

5 - 8 Step Diagonal Forward Rock L, Recover on R, Step Forward & Cross L over R, Hold

### **(17 – 24) Touch & Bump, Kick & Cross, Step Back & Forward, Toe Heel Strut**

1 - 2 Touch R toe side R and Bump hip to R, Return hip to center

3 - 4 Kick R Diagonal R, Cross R over L

5 - 6 Step Back L turning ¼ R, Step Forward R

7 - 8 Toe Heel Strut Forward L

### **(25 – 32) Toe Heel Strut, Cross Rock & Recover, Step Back Twice, Step Fwd & Brush**

1 - 2 Toe Heel Strut Forward R

3 - 4 Cross Rock L over R, Recover on R

5 - 6 Step back L, Step back R

7 - 8 Step forward L, Brush R

(Note: You will always repeat Section A twice when doing this dance followed by Section B)

## Section B (60 Counts) – 1 Wall *(Don't panic – it's very easy)*

### **(1 – 8) Cross Hold, Turn Hold, Strut and Strut**

1 - 2 Cross R over L, Hold

3 - 4 Pivot ½ turn L, Hold (Keep Weight On L)

5 - 6 Large Exaggerated Strut Forward R (in front of L) stepping Toe, Heel

7 - 8 Large Exaggerated Strut Forward L (in front of R) stepping Toe, Heel

(Styling Tip: Counts 5 – 8 coincide with the phrase “are made for walking”, so camp it up a bit as if you are doing a catwalk)

### **(9 - 16) Cross Hold, Turn Hold, Strut and Strut**

1 - 8 Repeat counts 1 - 8

### **(17 – 24) Cross Rock Forward and Back, Step Forward, Tap, Tap, Step**

1 - 2 Cross Rock R in front of L, Recover onto L

3 - 4 Cross Rock R diagonal back, Recover onto L

5 Cross Step R in front of L

6 - 7 Side Tap L next to R, Tap again moving slightly farther side L

8 Step down on L (moving slightly farther side L)

### **(25 – 32) Toe Struts & Arms Cross and Point, Touch Forward and Step Back**

1 - 2 Step Forward Toe Heel Strut R and Cross Arms Forward Palms Down

3 - 4 Step Forward Toe Heel Strut L and Snap Your Fingers (Arms Stretched Forward) Palms Up

5 - 6 Touch R Forward & Point Forward Palms Down, Hold

7 – 8 Swing R Back & Touch R Back, Step Down R

**(33 – 40) Charleston Style: Back & Forward, Forward and Back**

1 - 2 Swing around & Touch L Back, Hold

3 - 4 Swing around & Touch L Forward on ball of L, Step down on L

5 - 6 Swing around & Touch R Forward, Hold

7 - 8 Swing around & Touch R Back, Step Down on R

**(41 - 44) Charleston Style: Back & Forward**

1 - 2 Swing around & Touch L Back, Hold

3 - 4 Swing around & Touch L Forward on ball of L, Step down on L

**(45 – 60)**

1 – 16 Repeat the first 16 counts from Section B

**Section A- (16 Counts) (*The Dum Ba Da Da Dum bit*)**

Dance the first 16 counts only of section A and repeat til the song fades out.

Note: As a country alternative, you can also use the Billy Ray Cyrus version, however, you would have to adjust the phrasing sequence slightly to AAB, AABB, AAB (no A-'s as the song ends on the last B)

(Special thanks to Eve Yeaton for her style tips!!)