

No Dancing Today

Choreographed By: Audrey Watson (Scotland)

Choreographed to: I Don't Feel Like Dancing (Radio Edit) by Scissor Sisters (108bpm)

32 Count - 4 Wall - Easy Intermediate

16 Count Intro

Section 1 - Side Together, Back & Cross, Side, Kick Ball Step, Clap, Clap

1-2 Step right to right side, close left next right

3&4 Step back on right, step left to left side, cross right over left

5-6&7 Step left to left side, kick right forward, step down on right, step forward on left

&8 Clap hands twice

Section 2 - Forward & Back, Back & Forward, Step ¼ Turn Cross, Side Mambo

1&2 Rock forward on right, rock back on left, step back on right

3&4 Rock back on left, rock forward on right, step forward on left

5&6 Step forward on right, turn ¼ left, cross right over left

7&8 Rock left to left side, rock weight on right, step left next right. (optional clap)

Section 3 - Behind & Cross, Bump & Bump, Behind ¼ Turn Forward, Kick Ball Step

1&2 Swing right out & behind left, step left to left side, cross right over left

3&4 Touch left toe to left side bumping hips left, right, left

5&6 Step left behind right, turn ¼ right stepping forward on right, step forward on left

7&8 Kick right foot forward, step down on right, step forward on left

Section 4 - Cross Back Side, Cross Back Side, R Coaster Step, Rock ¼ Turn Stomp

1&2 Cross right over left, step back on left, step right to right side

3&4 Cross left over right, step back on right, step left to left side

5&6 Step back on right, step left next right, step forward on right

7&8 Step forward on left rock ¼ turn right, stomp left next right

Start Again

4 Count Tag To Be Added At The End Of Wall 11

Right Rock Cross, Left Rock Cross

1&2 Rock right to right side, recover on left, cross right over left

3&4 Rock left to left side, recover on right, cross left over right