

Larry!

Happy Dancing!  
Judy

## JUDYLICIOUS

**Music:** Bootylicious  
Destiny's Child (Survivor CD)

**Choreographer:** Judy McDonald

This is a **64 count, two-wall** line dance. Start dance after a 32 count intro, unless you want to start after 16 counts...in which case, see below to find out what to do for the extra 16 counts before you start.

- L triple forward, R walk forward, L walk forward** 1&2 3 4  
(step L forward {1}, step R beside left {&}, step L forward {2}, step R forward {3}, step L forward {4})
- R step forward, L ¼ turn step, R cross, L step side, R cross, L step side** 5&6 7&8  
(step R forward {5}, make ¼ turn left and step L in place {&}, step R across in front of left {6}, step L to side {7}, step R across in front of left {&}, step L to side {8})
- R rock back, L step, R step side, L rock back, R step, L step side** 1&2 3&4  
(step R behind left {1}, step L in place {&}, step R to side {2}, step L behind right {3}, step R in place {&}, step L to side {4})
- Sit, bump hips R, L, R, L** 5 6 7&8  
(bend knees and "sit" with weight on L and body angled slightly to the right {5}, bump hips R {6}, bump hips L {7}, bump hips R {&}, bump hips L {8})
- R knee in, turn L knee out making ¼ turn, bump hips L, R, L, R** 1 2&3&4  
(bend R knee in to left knee while squaring body up to 9 o'clock and look down at floor while putting your open palm on the top of your head {1}, shift weight to R while making ¼ turn left and turning L knee out and looking forward—you're now in the "sit" position with weight on your right {2}, bump hips L while raising right shoulder and dropping left {&}, bump hips R while raising left shoulder and dropping right {3}, bump hips L...with same shoulder move {&}, bump hips R...with same shoulder move {4})
- L step across right, R step to side, L step across right, R step to side, L step across right** 5 6 7&8  
(step L across in front of right {5}, step R to side {6}, step L across in front of right {7}, step R to side {&}, step L across in front of right {8})—*bounce shoulders up and down while you do this*)
- R side rock & cross, push hips back, forward, back, forward** 1&2&3&4  
(step R to side {1}, step L in place {&}, step R across in front of left {2}, push hips back {&}, push hips forward {3}, push hips back {&}, push hips forward {4})
- L step side, R touch, R step side, L touch** 5 6 7 8  
(step L to side {5}, touch R in place {6}, step R in place {7}, touch L in place {8})—*put your body into this and roll with the step touches—try sweeping your hand over your head from front to back...R first, then L*)

(Judylicious—cont'd)

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- \*L step forward, R touch, R triple forward** 1 2 3&4  
(step L forward {1}, touch R beside left {2}, step R forward {3}, step L beside right {&}, step R forward {4})
- \*L step forward, R touch, R triple forward** 5 6 7&8  
(step L forward {1}, touch R beside left {2}, step R forward {3}, step L beside right {&}, step R forward {4})
- \*L step forward, R touch, R triple forward** 1 2 3&4  
(step L forward {1}, touch R beside left {2}, step R forward {3}, step L beside right {&}, step R forward {4})
- \*Walk back L, R, L, R, L** 5 6 7 8&  
(step L back {5}, step R back {6}, step L back {7}, step R back {8}, step L back {&}—*lean forward slightly and shimmy shoulders while backing up*)
- Shoulder isolations R, L, R, L, push on to R, step L together and sit** 1&2&3 4  
(step R to side while shifting shoulders R {1}, shift shoulders L {&}, shift shoulders R {2} shift shoulders L {&}, push off left foot while rising up on the ball of R {3}, step L beside right and "sit" while throwing head to right {4})
- Bump hips L, R, L, R, L** 5 6 7&8  
(bump hips L {5}, bump hips R {6}, bump hips L {7}, bump hips R {&}, bump hips L {8})
- R side rock & cross, L side rock & cross** 1&2 3&4  
(step R to side {1}, step L in place {&}, step R across in front of left {2}, step L to side {3}, step R in place {&}, step L across in front of right {4})
- R kick, R cross, pop knees open, close knees, R side rock & cross** 5&6&7&8  
(kick R forward on diagonal right {5}, step R across in front of left {&}, pop both knees out {6}, close knees {&}, step R to side {7}, step L in place {&}, step R across in front of left {8})

**For the BIG finish...**

At the end of the song, you will be facing the back and will have done the last step of the dance. When you cross your right over left, unwind to the front while sliding your arms up your body to reach up in the air...listen to the lyrics...she's saying "my body's too bootylicious for you baby"...so work with it!

**\*BONUS 16 COUNT INTRO**

To start the dance after only 16 counts, do the 16 counts marked above with \*. Instead of stepping left on the last count, just do a touch so you can start the dance with your left foot.

Then, start the dance at the beginning where you would normally start it. Have fun!