

January Jam 

with Jamie & John 

Nashville, TN

January 4-6, 2002

Guest Instructors:

Barry & Dari Anne Amato

Mark Cosenza

John Robinson

Jamie Marshall

Cool Outside,  

Hot on the

Dancefloor!

Barry & Dari Anne Amato

Barry and Dari Anne Amato are most known for their dance instruction on TNN's Wildhorse Saloon and Club Dance television shows with CMT Europe airings of these shows bringing them global recognition.

Together they have been dancing professionally for over fourteen years. They began country dancing in 1990 as a "hobby" which soon lead to many opportunities dancing in music videos and television such as the CMA Awards telecast in 1993 with Alan Jackson. From there, it became a full time profession. Since the conclusion of the Wildhorse Saloon and Club Dance shows, the Amato's continue to travel the globe with their unique teaching dancing style. They have toured extensively throughout the U.S., Canada and Europe.

In addition to their television exposure and travels, they have also choreographed many original dances for various recording artists, music videos, stage performances and also released several successful dance videos and publications. Some of the artists include SheDaisy, Pam Tillis, Lousie Mandrell, Phyllip Claypool and rock legend Chubby Checker. Recently, Barry was commissioned by Curb Records to create the Southside Stomp line dance for new recording artist, Jenai. A follow up dance to Jenai's first radio single will be released in winter of 2002.

Unknown to many, Barry has been a singer most of his life. His parents decision to relocate to Nashville, TN area from East Hartford, CT when he was 14, was in large part to aid in pursuit of his entertainment goals. His current cd entitled "Barry Amato - Tomorrowland" has come to be out of his love of singing as well as his love for dance. This cd offers signature dances choreographed by Barry, Dari Anne and some of the world's most notable instructors and choreographers.

Keep your eyes open as you just might find the Amato's in your neck of the woods spreading their love of country dance and music. For more information on organizing a fun filled event in your area or dance and music merchandise, visit the Amato's at www.barryamato.com, email them at barry@barryamato.com, write them at B n D Amato Productions ~P. O. Box 64 - Madison, TN 37116, or phone them at 615-868-1312

Mark Cosenza

Mark is from the Chicago area and has been involved with line dancing since about 1994. In 1998, he branched out into instructing and is experiencing many nice success stories with his choreography. Mark's dances have been featured and published in UK's Linedancer Magazine and Canada's Dance Lines Magazine. At the 2001 UCWDC World's Choreography Competition, held in Edmonton, Canada, Mark's "Roundaround Sue" received 3rd place honors.

Check out Mark's web site at <http://countryedge.com> to keep up-to-date with all his choreography, as well as information on the line dance scene in the Chicago area. Mark's web site also includes some really funny photography of your favorite instructors and reviews of many dance events.

John "DANGEROUS" Robinson

A brief biography of the man known as "Mr. Showcase"

John started country dancing in 1993; less than a year later, he was teaching and competing. On the United Country Western Dance Council (UCWDC) circuit, he worked his way up from novice to Superstar status, earning more than 40 first place titles (including **World's VI Line Dance Male Showcase Champion**). Many of John's original line dances have won awards, too. His "Good Night Groove" and "Ready 4U" took top honors in a field of nearly 100 entries at the 1997 Dance Team Showdown in Fort Wayne, Indiana. In 1999, his signature dance "Dangerous" received an **Outstanding Dance Achievement Award** in Canada.

Every year since 1999, John has been nominated for several prestigious **Linedancer Magazine Music & Dance Awards**, including International Instructor of the Year; International Choreographer of the Year; Dance Personality; and Dance of the Year for "Dangerous" (1999), "Switchblade USA" (2000), and "Hot Potato" (2001). He was recognized as **Instructor of the Year** at the North American Open Dance Championships in October 2001.

Several recording artists have asked John to choreograph dances for their material: the Dean Brothers, the Ryes, Dallas Wayne, Nashville Attitude, Rick Tippe, and Barry Amato. Scooter Lee featured the step description for "Fresh" on her 1998 "By Request" CD. John has also coached, choreographed for, and performed with several award-winning country dance teams.

John currently teaches, judges, and performs at dance events around the world. He has done tours of the United Kingdom, Australia, and Japan. John is available for private and group lessons, as well as individual and team competition coaching.

CONTACT INFO:

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“The” Jamie Marshall

1000 Northview Drive, Hendersonville, TN 37075 (615) 822-7345 jdddancer@aol.com

After relocating 20 miles northeast of Nashville in April and recently marrying Barney Marshall (December 15th), Jamie continues to dance throughout the eastern USA promoting, instructing, choreographing and judging dance events. Although officially retired from competition in January, 2000, Jamie enjoys watching competitors walk on the floor and show how line dancing has escalated to such exciting levels of talent and art!

Jamie retired after winning six straight UCWDC titles, including: 2000 Female Super Star, 1999 Female Super Star, 1998 Open Advanced and Showcase, 1997 Open Advance and Showcase. She also values a 2nd place finish, right behind Pedro in the 1998 Renegade competition. Jamie was voted as the “Favorite Female Line Dancer” at the 2000 UCWDC Star Awards and was nominated as “Favorite Female Line Instructor” for the 2002 UCWDC Star Awards. Jamie’s choreography, “Backstreet Attitude” won 3rd place at Worlds in 1998 and continues to be an all-time favorite throughout the world. Currently, Jamie’s “Sho’Nuf” is the UCWDC Novice competition dance.

Beginning new adventures as Event Director with “Get Lucky in Louisville” in March of 2001 and “January Jam 2002” in Nashville, Jamie is looking forward to bringing more dance activities to the Music City.

Jamie’s advice to competitors is to make sure you read and fully understand the rules! The rules are there to help everyone compete at a fair level and to help “you” become a better dancer and performer. Support all competitors. Your good gestures will always come back to you.

Jamie would like to thank all of you for your support, smiles, hugs and friendship during her competing years. “I’m not nor never was the best dancer in the world, I’m just a good performer!” SMILING SHOWS CONFIDENCE!

20 Seconds

CHOREOGRAPHED NOVEMBER 2001 BY JOHN H. ROBINSON, LOUISVILLE, KENTUCKY, USA
MULTIPLE AWARD-WINNING CHOROGRAPHER, INSTRUCTOR & LINE DANCE CHAMPION

DESCRIPTION/DIFFICULTY 4-Wall Line Dance, Intermediate

COUNTS 64 Counts / 74 Movements

SUGGESTED MUSIC Country *Crawlin' Again* Tracy Lawrence (CD "Tracy Lawrence"), start with lyrics on beat 1 (7)

Non country *One & Only (Remix)* Deep Obsession (CD single) When using the Remix (3:29 version), start immediately following the intro (after the second time they sing, "You are the only one I need") On the Extended Remix (5:04), start after first 32 counts On the Original Version (3:47), start after the long instrumental intro To order this CD single, contact John via email or phone

COUNT/CALL/DESCRIPTION

RIGHT SIDE SHUFFLE, LEFT ROCK BACK, RECOVER, LEFT KICK-BALL-CHANGE, LEFT SIDE STEP, RIGHT STOMP UP

- 1&2 **Right-left-right** Right step side right (1), left step next to right (&), right step side right (2)
- 3,4 **Rock, step** Left rock back ball of foot behind right heel (3); recover weight to right (4)
- 5&6 **Kick-ball-change** Left kick forward to left angle (5), left step ball of foot next to right (&), right step in place (6)
- 7,8 **Step, stomp** Left step side left (7); right stomp up next to left (8)

RIGHT KICK TWICE, RIGHT COASTER STEP, LEFT STEP FORWARD, PIVOT ¼ RIGHT, LEFT CROSSOVER SHUFFLE

- 1,2 **Kick, kick** Right kick forward twice (1,2)
- 3&4 **Coaster step** Right step back ball of foot (3), left step ball of foot next to right (&), right step forward (4)
- 5,6 **Step, pivot** Left step forward (5), pivot ¼ turn right shifting weight to right foot (6)
- 7&8 **Cross shuffle** Left step across right (7), right small step side right (&), left step across right (8)

RIGHT VINE, LEFT TOUCH, LEFT ROCK FORWARD, RECOVER, LEFT ROCK BACK, RECOVER

- 1,2 **Side, behind** Right step side right (1); left step behind right (2)
- 3,4 **Side, touch** Right step side right (3), left touch next to right (4)
- 5,6 **Forward rock** Left rock ball of foot forward (5); recover weight to right (6)
- 7,8 **Back rock** Left rock ball of foot back (7); recover weight to right (8)

LEFT HEEL GRIND PIVOTING ¼ LEFT, LEFT ROCK BACK, RECOVER, REPEAT

- 1,2 **Heel grind** Left heel touch forward with toe angled right (1); left heel grind turning toe left and pivoting ¼ left (2)
- 3,4 **Rock, step** Left rock ball of foot back (3), recover weight to right (4)
- 5,6 **Heel grind** Left heel touch forward with toe angled right (5); left heel grind turning toe left and pivoting ¼ left (6)
- 7,8 **Rock, step** Left rock ball of foot back (7), recover weight to right (8)

LEFT SIDE STEP, RIGHT TOUCH, RIGHT SIDE STEP, LEFT TOUCH, LEFT VINE, RIGHT SYNCOPATED STOMP UP

- 1,2 **Side, touch** Left step side left (1); right touch next to left (2)
- 3,4 **Side, touch** Right step side right (3), left touch next to right (4)
- 5,6 **Side, behind** Left step side left (5); right step behind left (6)
- 7&8 **Side, stomp-stomp** Left step side left (7); right stomp up next to left twice (&8)

TRAVELING ½ TURNS WITH HOLDS AND CLAPS

- 1,2& **Turn, clap-clap** Right step side right (1); pivot ½ right touching left foot shoulder-width apart from right/clap hands (2), clap hands again (&)
- 3,4 **Turn, clap** Left step down (3); pivot ½ right touching right foot shoulder-width apart from left/clap hands (4)
- 5,6& **Turn, clap-clap** Right step down (5); pivot ½ right touching left foot shoulder-width apart from right/clap hands (6), clap hands again (&)
- 7,8 **Step, clap** Left step down in place (7); hold position/clap hands (8)

JAZZ BOX, RIGHT STEP FORWARD, PIVOT ¼ LEFT, RIGHT STEP FORWARD, PIVOT ¼ LEFT

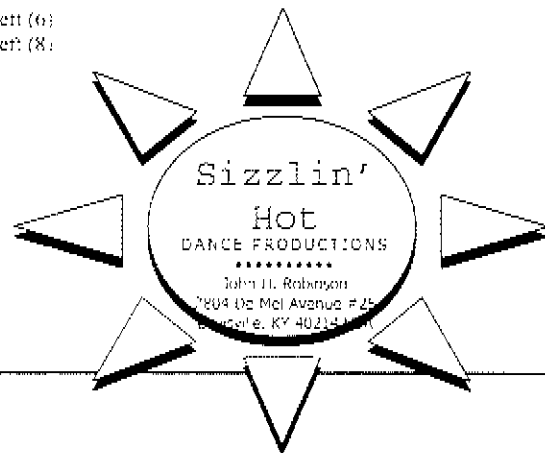
- 1,2 **Cross, back** Right step across left (1); left step back (2)
- 3,4 **Side, home** Right step side right (3), left step next to right (4)
- 5,6 **Half turn** Right step forward (5); pivot ¼ left shifting weight to left (6)
- 7,8 **Half turn** Right step forward (7), pivot ¼ left shifting weight to left (8)

JAZZ BOX, SYNCOPATED TOE & HEEL TOUCHES (SIDE & FRONT & BACK)

& LEFT STOMP NEXT TO RIGHT

- 1,2 **Cross, back** Right step across left (1), left step back (2)
- 3,4 **Side, home** Right step side right (3), left step next to right (4)
- 5&6R **Side & front &** Right toe touch side right (5), right step home (&), left heel touch forward (6), left step home (&)
- 7&8 **Back & stomp** Right toe touch back (7), right step home (&), left stomp next to right placing weight on left (8)

START AGAIN AND ENJOY!



Bump & Bounce

Choreographed by Jamie Marshall (10/02)

Music: "That Thing You Do" from Same Name Movie Sound Track by the Wonders
32 Counts/2 Walls

A. SIDE SLIDE, HEEL SWITCHES, VINE L W/ ¼ TURN, SCUFF

1,2 Long slide step to R (1), Step L next to R (2)
3&4 R heel forward (3), Replace R next to L (&), L heel forward (4)
5,6,7,8 Step L to L (5), Cross R behind L (6), Step L turning ¼ L (7), Scuff R (8)

B. STEP, TOUCH, STEP BACK, JAZZ BOX TO L

9,10 Step R diagonally forward, R (9), Tap L behind R (10)
11,12 Step L back, L (11), Step R back (12)
13,14 Cross L over R (13), Step R back (14)
15,16 Step L turning ¼ L (15), Step R next to L (16)

C. R TOE, HEEL, HEEL, TOE, L TOE, HEEL, HEEL, TOE

17,18 Swivel R toe to R (17), Swivel R heel to R (18)
19,20 Swivel R heel to L (center) (19), Swivel R toe to L (center) (20)
21,22 Swivel L toe to L (21), Swivel L heel to L (22)
23,24 Swivel L heel to R (center) (23), Swivel L toe to R (center) (24)

D. BUMP, BOUNCE

25,26 Swivel heels to R as bump to R (25), Swivel heels to L as bump to L (26)
27,28 Swivel heels to R as bump to R (27), Swivel heels to L as bump to L (28)
(Use bounce motion by raising and lowering heels for last 4 counts)
29,30 Push hips back (29), Bump R (30)
31,32 Push hips forward (31), Bump L (32)
(Listen to the music and bounce double-time to make it fun!)

There is a scream about 2/3 through the music (Beginning of 8th wall). Just stand there and have fun (scream)!
The last full rotation of dance you will dance the last 8 counts twice, then begin the dance again, facing original wall of dance and end with a pose in the vine!

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Backyard Boogie Does

Choreographed by Jamie Marshall
6-Title UCWDC World Super Star Super Star

64 count 4 wall Intermediate

Music: *"Backyard Boogie"* by Lenny Paquette (Dances a lot CD)
(For music, contact Dan Hurley at 860-793-0643 or e-mail at dhurley02@snail.net). Dance to any LCS beat.
"Ring on the Finger..." by Brad Pasley

A. RIGHT SHUFFLE, ROCK, HEEL SWITCHES, HEELS & TOES SWIVELS

- 1&2 Step right to right (1), Step left next to right (&), Step right to right (2)
3,4 Rock back on left (3), Recover on right (4)
5,6 Extend left heel forward (5), Replace left next to right and clap (6)
7,8 Extend right heel forward (7), Replace right next to left and clap (8)
9,10 Swivel heels to left (9), Snap fingers to left (10)
11,12 Swivel toes to left (11), Snap fingers to right (12)
13,14 Swivel heels to left (13), Snap fingers to left (14)
15,16 Swivel toes to left (15), Snap fingers to right (16)

B. LEFT SHUFFLE, ROCK, HEEL SWITCHES, HEELS & TOES SWIVELS

- 17&18 Step left to left (17), Step right next to left (&), Step left to left (18)
19,20 Rock back on right (19), Recover on left (20)
21,22 Extend right heel forward (21), Replace right next to left (22)
23,24 Extend left heel forward (23), Replace left next to right (24)
25,26 Swivel heels to right (25), Snap fingers to right (26)
27,28 Swivel toes to right (27), Snap fingers to left (28)
29,30 Swivel heels to right (29), Snap fingers to right (30)
31,32 Swivel toes to right (31), Snap fingers to left (32)

C. STOMPS, TOE STRUTS, MAKE SQUARE WITH 1/4 TURNS

- 33-36 Stomp right forward twice (33,34), Stomp left forward twice (35,36)
37,38 Step right toe back (37), Drop right heel down (38)
39,40 Step left toe back (39), Drop left heel down (40)
41,42 Step right forward, turning 1/4 to right (41), Touch left next to right with clap (42)
43,44 Step left backward, turning 1/4 to right (43), Touch right next to left with clap (44)
45,46 Step right forward, turning 1/4 to right (45), Touch left next to right with clap (46)
47,48 Step left backward, turning 1/4 to right (47), Touch right next to left with clap (48)

D. STEPS WITH SCUFFS, JAZZ BOX, HEEL SPLITS, FORWARD KICKS

- 49-52 Step right forward (49), Lock left behind right (50), Step right forward (51) Scuff left next to right (52)
53-56 Step left forward (53), Lock right behind left (54), Step left forward (55), Scuff right next to left (56)
57-60 Cross right over left (57), Step back on left (58), Step right to right while turning 1/4 left (59), Step left next to right (60)
61,62 Split heels (61), Recover to center with weight on left (62)
63,64 Kick right forward twice (63,64)

Begin again. This dance should be lots of fun with snaps, claps, stomps and smiles!

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Derivative

Choreographed by Barry Amato - 4/2001

Music:

2 Wall - 32 count - Low advanced line dance

Step touch 1-4, Arms Up, Left arm out to the side- Right arm up, Left arm down - Right arm up, Right arm down
Two step turn, Jump right 3 times

- 1-2 Bring both arms up over head as you step to right on right foot (1) Extend left arm to left side and right arm straight down by your side as you touch left toe behind right foot (2).
- 3-4 Bring left arm down by your side and right arm straight up overhead as you step to the left on the left foot (3). Bring right arm down by your right side as you touch right toe behind left toe (4)
- 5-6 Turn to the right stepping out on right foot a 1/4 turn (5). Complete two step turn by pivoting a 3/4 turn to face original wall and left foot takes weight (6).
- 7&8 Jump to the right with feet together 3 times with arms overhead with elbows bent and fists almost touching.

Swivel, swivel, hop, hop, 1/4 turn, Repeat

- 1-2 On the balls of both feet, swivel right-left (toes pointing right then left - 1-2)
- 3&4 Hop onto right foot 45 degree angle toward right (small hop - 3). Hop again onto right foot opening 1/4 turn left (&) Step on left foot in place (4).
- 5-8 Repeat same steps (When you finish your back will be to the original wall.)

Walk, walk, Step Pivot, Side touches. Arm styling: Arms over right shoulder, left shoulder, straight overhead, straight out to the side

- 1-2 Walk forward on the right foot as you clasp your hands together and bring them over your right shoulder (bend elbows to do this -1). Walk forward on the left foot and bring clasped hands over left shoulder- 2).
- 3-4 Step forward onto the right foot as you bring hands (clasped) straight overhead (3) Pivot a 1/2 turn to the left with left taking weight as you bring arms out to side (left arm straight out to left side and right arm straight out to right side -4).
- 5&6 Touch right toe to right side (5) Bring right together with left and replace with weight on right foot (&). Touch left toe to left side (6).
- &7-8 Bring left together with right and replace with weight on left foot (&) Touch right toe to right side (7). Touch right toe next to left foot (8)

Kick, knee, touch, knee, kick, cross, open step, Jump, jump together, jump out, cross, half twist turn left

- 1&2 Kick the right foot out to the right side (1). Touch the right foot behind left knee (&). Touch right toe behind left foot (2). Arms (optional) Elbows at waist, hands in fists, drop right shoulder, left shoulder, drop right shoulder. (Opposite shoulder will come up or down.)
- &3& Bring right foot behind left knee again (&) Kick the right foot out to the right side(3) Jump in place crossing right foot over left and clap at the same time(&). Arms: Keeping elbows at waist, drop left shoulder, drop right shoulder, bring shoulder to center position. (Once again, opposite shoulder will come up or down.)
- 4 Jump with feet shoulder width apart with knees bent and left hand on left knee and right hand on right knee (4)
- 5&6 Jump in place with feet shoulder width apart (5) Jump bringing feet together (&). Jump out again with feet shoulder width apart (6).
- 7-8 Jump crossing right foot over left (7) Half twist turn to the left to unwind feet (8)

Start dance again!

Good Thing

Choreographed by Barry Amato - 12/01

Music: "Good Thing" - Fine Young Cannibals

24 count / 4 Wall / Low Intermediate line dance

Kick Front, Hitch, Kick Right, Hitch, Kick Front, Step, Rock Step

- 1-2 Kick the right foot to the front (1). Hitch right to left knee (&).
- 3-4 Kick the right foot to the right side (2). Hitch right to left knee (&).
- 5-6 Kick the right foot to the front (3). Step on the right foot next to left (&).
- 7-8 Rock back on the left foot (7). Recover on the right foot in place (8).

Hop left, Hop left, Rolling vine left, stomp, Hop forward twice

- 1-2 Hop to the left (twice) on right foot with left foot hitched to right knee.
- 3-4-5 Rolling vine to the left (turning to left) stepping left, right, left. (End up facing original wall)
- 6 Stomp right foot next to left keeping weight on both feet.
- 7-8 Hop forward (twice) with weight on both feet.

Toe struts while turning to the right 1 1/4 turn, hop forward twice

- 1-2 Turn a 1/4 right while touching right toe, then place heel and weight down on right foot.
- 3-4 Continue to turn to the right while touching left toe, then place heel and weight down on left foot.
- 5-6 Complete turn to the right while touching right toe, then place heel and weight down on right foot. (You will have completed a 1 1/4 turn.)
- 7-8 Hop forward (twice) with weight on both feet.

Begin dance again

Hey Honolulu

Choreographed by Mark Cosenza, Doug & Jackie Miranda

Mark Cosenza : 7529 W. Isham Avenue, Chicago, IL 60631 (773)774-7024

Website: <http://countryedge.com> Email : mark@countryedge.com

Doug & Jackie Miranda : 2267 Century Avenue, Riverside, CA 92506 (909)276-4459

Website: <http://djdancing.com> Email : Bonanzab@aol.com

Description: 32 count, 4 wall, Upper Beginner Line dance

Music: Happy Hawaii by Abba

Counts - Step Description

Set 1

Shuffle Forward, Brush Forward, Back; 1/2 Turn, Shuffle Forward, Ronde with 1/4 Turn, Touch

1&2 Shuffle forward R., L., R

3-4 Brush L. foot forward, brush L. foot back

&5&6 Pivot on ball of R making a 1/2 turn L, shuffle forward L, R, L

7-8 Sweep R foot around for count 7 into a 1/4 turn L, touch R next to L (weight on L)

Set 2

Side Shuffle (Chasse), Brush Forward, Cross; Side Shuffle (Chasse), Ronde with 1/2 Turn, Touch

1&2 Shuffle to R side (Chasse) R, L., R

3-4 Brush L. foot forward, cross step L. over R (end with weight on L)

5&6 Shuffle to R side (chasse) R, L, R

7-8 Sweep L. foot around in front of R and make a 1/2 turn R, touch L next to R (weight is on R)

Set 3

Rock Forward, Recover Back, Back Coaster Step; Skate R, Skate L

1-2 Rock forward on L, recover on R

3&4 Step back on L, step R next to L, step forward on L. (back coaster step)

5-6 Slide forward at a slight angle to R for 2 counts (as if ice skating)

7-8 Slide forward at a slight angle to L. for 2 counts (as if ice skating)

Set 4

Rock Forward, Recover Back, Rock To Side, Recover, 1/4 Turn, 1/4 Turn

1-2 Rock forward on R, recover on L (styling note: look forward, put L hand on waist, start with R palm up and twist down and extend forward straightening R arm with palm facing outward)

3-4 Rock to R side, recover on L. (styling note: look 1/4 to R, L hand is still on waist, do palm twist motion in counts 1-2 above but extend R arm out to R side)

5-6 Step forward on R, turn 1/4 turn L (styling note: do same hand motions as in counts 1-2 above)

7-8 Step forward on R, turn 1/4 turn L (styling note: do same hand motions as in counts 1-2 above)

4 Count Tag: This will occur two times during the Instrumental part of the song. The first instrumental part of the song will be when you return to the beginning or front wall (5th wall); the second tag will occur at the end of the 10th wall. Simply add these 4 counts : 1-2 Step forward on R, recover on L; 3-4 Step back on R, recover on L.

Ending : The dance will end on count 25. You will complete Set 3 (skates to R and L), then pivot and turn 1/2 R to face the front wall as you raise your arms center and out to sides at waist level and hold.

Begin Again and Have Fun!

Hickory Hitch

Choreographed by Jamie Marshall (7/01)
6 Title UCWDC World Super Star Champion
Country Concert '01 Line Dance Competition (7/01), Hickory Hills, OH
www.countryconcert.com

Music: Lonestar "You Walked In", SheDaisy "I Will", Toby Keith "Doublewide Paradise"
(You can dance this to most any music) - 4 Wall/32 Count/Beginner/Intermediate

POINT, HOLD, POINT, HOLD, WEAVE, MONTEREY WITH TOUCH

1,2 Point R to R (1), Hold (2)
&3,4 Step R next to L (&), Point L to L (3), Hold (4)
5&6 Cross L behind R (5), Step R to R (&), Cross L across R (6)
7,8 Point R to R (7), Pivot $\frac{1}{2}$ R, touching R next to L (8)

STEP UP, STEP BACK, POINT, HITCH TURNING $\frac{1}{4}$ L, POINT, HITCH TURNING $\frac{1}{4}$ L

9,10 Step R forward, turning knee outwards (9), Step L forward, turning knee outwards (10)
11,12 Step R back, turning knee in (11), Step L next to R (12)
13,14 Point R forward (13), Hitch R, turning $\frac{1}{4}$ L on L (14)
15,16 Point R forward (15), Hitch R, turning $\frac{1}{4}$ L on L (16)

ROCK, SHUFFLE TURNING $\frac{1}{4}$ R, STEP, $\frac{1}{4}$ TURN, CROSSING SHUFFLE

17,18 Rock forward on R (17), Recover to L (18)
19&20 Step R to R (19), Step L next to R (&), Step R to R, turning $\frac{1}{4}$ R
21,22 Step L forward (21), Step R to R, turning $\frac{1}{4}$ R
23&24 Cross L over R (23), Step R to R (&), Cross L over R (24)

SIDE ROCK, SAILOR, POINT, HITCH TURNING $\frac{1}{4}$ LEFT, COASTER

25,26 Rock R to R (25), Recover on L (26)
27&28 Cross R behind L (27), Step L to L (&), Step R next to L (28)
29,30 Point L to L (29), Hitch L, turning $\frac{1}{4}$ L on R (30)
31&32 Step L back (31), Step R next to L (&), Stomp L forward (32)

Begin again...

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LOVE

Choreographed by Doug & Jackie Miranda

2267 Century Avenue, Riverside, California 92506 USA (909) 276-4459 fax: (909)276-4463

E-mail: bonanzab@aol.com Website: <http://hometown.aol.com/bonanzabash>

Description: 64 count, 2 wall, Intermediate line dance

Music: L-O-V-E by Nat King Cole 148 BPM

Counts - Step Description

Set 1 I. Side, R Together, I. Forward, Hold; Kick R Forward, Hold, Step R Back, Hold

1-4 Step I to L side, step R next to L, step I. forward, Hold

5-8 Kick R forward, hold, step back on R, hold (weight is on R)

Set 2 Cross Touch L Behind R, Hold, Point L To L Side, Hold; L Behind, R Side, I. Cross, Hold

1-4 Cross touch L behind R as you look to the right and point with both hands or fingers to R, hold (weight remains on R), point I. to L side as you look to the left and point hands or fingers to the left, hold

5-8 Step L behind R, step R to R side, cross L over R (weight is on L), hold

Set 3 Sweep R In Front Of I., Sweep R Behind L, Hold; Rock L To L, Recover R, Cross L Over R, Hold

1-4 Sweep R in front of L for counts 1-2 (weight is still on L), sweep R behind I shifting weight to R and snap fingers holding hands above shoulders, hold for count 4

5-8 Rock I to L side, recover weight to R, cross L over R, hold

Set 4 Step R To R Side, Step L Back, Cross R Over L, Hold, Step L To L Side, R Behind, Step L To L Side, Hold

1-4 Step R to R side, step L back slightly, cross R over L, hold (weight is on R)

5-8 Step L to L side, Step R behind L, Step L to L side, hold (weight is on L)

Set 5 Skate R to R Diagonal, Hold, Skate L to L Diagonal, Hold; R Heel Strut, L Heel Strut

1-4 Skate R forward at a R diagonal, hold, skate L forward at a L diagonal, hold

5-8 R heel strut forward, L heel strut forward

Set 6 Rock R Forward, Recover Back on L, Step Back R 1/8 Turn To R, Hold; Cross L Over R, Step R Back, Cross L Over R, Hold

1-4 Rock R forward, recover back on L, step back on R at 1/8 angle to R, hold (weight is on R)

5-8 Continuing to travel back at an angle cross L over R, step back on R, cross L over R, hold (weight L)

Set 7 Step R Back, Step L To L Side 1/8 Turn, Cross R Over L, Hold; Step L To L Side, Recover On R, Cross L Over R, Hold

1-4 Step back on R, step L to L side turning 1/8 turn L, cross R over L, hold (weight is on R)

5-8 Step L to L side, recover on R, cross L over R, hold (weight is on L)

Set 8 Step R To R Side, Cross L Behind R, 3x Traveling To R Side; Step R To R Side, 1/2 Turn R

1-4 Step R to R side, cross L behind R, step R to R side, cross L behind R

5-8 Step R to R side, cross L behind R, step R to R side, turn half turn R on the ball of R (L knee is slightly flexed close to R)

Begin Again by Stepping Left to Left side

ENDING: The dance will end during Set 5. Substitute steps of counts 5-8 with the following :

5-6 Rock forward on R, recover on L

7-8 Turn a 1/2 turn Right stepping forward on R and step Left to Left side raising hands to waist with open palms and hold until music ends. You will be facing 12:00 wall.



| SHADOW CHA | | | |
|----------------|---|---------|--------------|
| TYPE: | 32 count 4 Wall line dance | RATING: | Intermediate |
| CHOREOGRAPHER: | Mark Cosenza [email: xwiseguys@yahoo.com] | | |
| MUSIC: | Choreographed Music: Shadow & Jimmy by Was Not Was 102 BPM - Album: What Up Dog? Also recommended: Tragedy by Marc Anthony | | |
| NOTE: | While this cha was choreographed for Shadow & Jimmy, it will work well for any slower speed cha-cha rhythm. | | |

(1-7) Touch Step Turn 1/4 R, Kick & Touch, Sweep 1/4 L

- 1 Touch side Left
 2-3 Step L next to R, Pivot 1/4 right (weight should remain on L) and pop right knee forward
 4&5 Kick R forward, Step R down, Touch side Left
 6-7 Pivoting 1/4 L, Sweep L back and step behind R foot

(8-16) R Shuffle, Touch & Drag, L Shuffle, Touch & Drag, Rock & Recover

- 8&1 Step forward R, L, R
 2-3 Leaning your shoulders to the right, Touch side L, and slowly drag to R as your shoulders move back in place
 4&5 Step forward L, R, L
 6-7 Leaning your shoulders to the left, Touch side R and slowly drag to L as your shoulders move back in place
 8& Rock R forward, Recover onto L.

(17-24) 1/2 Turn Pivot, Rock Recover, Cross Shuffle, Touch and Step, L Heel Jack

- 1 Pivot 1/2 turn R, stepping onto R
 2-3 Rock Side L, Recover onto R
 4&5 Cross L over R, Step R behind L, Cross L over R
 6 Touch R side R
 7 Touch R next to L
 8& Step back on R, Touch L heel forward

(25-32) Step & Touch, Touch & Cross, L Kick Ball Cross & Unwind, Kick & Touch

- &1 Step down on L, Touch R toe inward to L
 2-3 Touch R side R, Step R forward and across L
 4&5 Kick L foot diagonal forward, Step down on ball of L, Cross R over L
 6-7 Slowly unwind 3/4 turn L, slightly bending knees
 8& Kick R forward, Step R down

Begin Again

*Note: There is a false ending towards the very end of the song which occurs at about count 11 where the music breaks with the exception of a long drum roll. Continue the dance as normal and you should be at count 16 when the music picks up again.

Step Description courtesy of *Mark's Country Edge* located at countryedge.com

So Blu

Choreographed by Jamie Marshall (9/01)

6 Title UCWDC WORLD SUPER STAR LINE DANCE CHAMPION

Music: "So Blu" by Blu Cantrell. Teach song: "Complicated" by Carolyn Dawn Johnson
32 counts/4 Walls: Intermediate

KICK, SWEEP, SAILOR, L KICK SWEEP SAILOR

1,2 Kick R to diagonally R (hands extended, palms to right) (1), Sweep R around R (2)
3&4 Cross R behind L (3), Step L to L (&), Step R to R (4)
5,6 Kick L to diagonally L (hands extended, palms to left) (5), Sweep L around L (6)
7&8 Cross L behind R (7), Step R to R (&), Step L to L (8)

ROCK, RECOVER, SCOOT, COASTER, MAMBOS

9&10 Rock R forward (9), Recover on L (&), Scoot back on L (see styling note) (10)
(Jazz style by leaning slightly forward, place L hand on mid section, extending R arm out)
11&12 Step R back (11), Step L next to R (&), Step R forward (12)
13&14 Rock step L to L (13), Recover on R (&), Step L next to R (14)
15&16 Rock step R to R (15), Recover on L (&), Step R next to L (16)

ROCK, RECOVER, SCOOT, COASTER, MAMBOS

17&18 Rock L forward (17), Recover on R (&), Scoot back on R (see styling note) (18)
(Jazz style by leaning slightly forward, place R hand on mid section, extending L arm out)
19&20 Step L back (19), Step R next to L (&), Step L forward (20)
21&22 Rock step R to R (21), Recover on L (&), Step R next to L (22)
23&24 Rock step L to L (23), Recover on R (&), Step L next to R (24)

RIGHT LINDY (TRIPLE), COASTER, JAZZ BOX, POINTS, HITCH

25&26 Step R to R (25), Step L next to R (&), Step R to R (26)
27&28 Step L back (27), Step R next to L (&), Step L forward (28)
29&30 Cross R over L (29), Step back on L (&), Turn ¼ R, stepping R forward (30)
31&32& Point L to L (31), Replace L next to R (&), Point R to R (32), Hitch R (&)

Begin again

Jamie Marshall, 1000 Northview Drive, Hendersonville, TN 37075 (615) 822-7345
Jdddancer@aol.com

Southside Stomp

Choreographed by Barry Amato

Music: "Southside Stomp" by Jenai - Curb Records / Nashville

(for more information on Jenai log on to www.JenaiOnline.com)

32 count - 4 wall - High Beginner / Low Intermediate Line Dance

Pivots - ¼ touch, ¼ hitch, ¼, hitch, ½ turn touch, ½ hitch, ¼, hold

- 1- With weight on left foot, ¼ turn left and touch right foot to right side
- 2- Pivoting on the ball of the left, ¼ turn right (to face original wall) and hitch right foot to left knee.
- 3- Pivoting on the ball of the left foot, ¼ turn right and step on right foot.
- 4- Hitch left foot to right knee.
- 5- Pivoting on the ball of the right foot, ½ turn right and touch left foot to left side.
- 6- Pivoting on the ball of the right foot, ½ turn left and hitch left foot to right knee.
- 7- Pivoting on the ball of the right foot, ¼ turn left, to face original wall, and step forward on left foot.
- 8- Hold

Rock right side, hold, step right next to left, hold, touch side, center, stomp, hold

- 1- Rock to the right on the right foot (bend right knee and keep left leg straight.)
- 2- Hold.
- 3- Step together with the right foot next to the left with right taking weight.
- 4- Hold.

** Arm styling - Keeping left arm down by right left, circle right from the outside of right leg up and overhead and down to the inside of right leg as you rock to the right side on right foot. (1-2) Circle arm from inside back out to the outside of right leg as you step together (3-4).*

- 5- Touch left foot out to left side.
- 6- Touch left foot again a bit closer to the right foot.
- 7- Stomp left foot next to right with left taking the weight.
- 8- Hold.

Step side, hold, cross step, hold, shuffle sideways with a drag, hold

- 1- Step right to the right side.
- 2- Hold.
- 3- Cross left foot over right.
- 4- Hold.
- 5-6-7- Shuffle to the right side stepping side right (5). Step left foot together with right (6). Step right side with right foot as you drag left foot into right (7).
- 8- Hold.

¼ turn, step, pivot, stomp out left, right, jump center, hold

- 1- Open a ¼ turn to the right and step forward on the left foot.
- 2- Hold.
- 3- Pivot a ½ turn to the right with right taking weight.
- 4- Hold.
- 5- Stomp left foot to left side bending left knee slightly as you stomp.
- 6- Stomp right foot to the right side bending right knee slightly as you stomp.
- 7- Jump with feet together - center.
- 8- Hold.

Begin dance again!

There is an 8 count tag that takes place after the music break in the song. Jenai will start singing with just a drum beat. Right after that, you will do the 8 count tag. The tag is as follows:

1-Stomp left. 2-Hold. 3-Stomp right. 4-Hold. 5-6-7-Stomp left-right-left. 8-Hold.

Begin pattern again.

Swingin' Easy

Choreographed by Jamie Marshall (9/01)

Music: "Swingin'" by Blu Cantrell

Phased Dance: "A" (Verse)-32 Counts: "B" (Chorus)-8 Counts. repeated 4 times (32)

(A) VERSE

WALK, POINTS, SHUFFLE, PIVOT

- 1,2 Walk forward R (1), L (2)
3,4 Point R forward (3), Point R back (4)
5&6 Shuffle forward, R,L,R (5&6)
7,8 Step forward L (7), Pivot ½ R, stepping R forward (8)

WALK, POINTS, SHUFFLE, PIVOT

- 9,10 Walk forward L (1), R (2)
11,12 Point L forward (11), Point L back (12)
13&14 Shuffle forward, L,R,L (13&14)
15,16 Step forward R (15), Pivot ½ L, stepping L forward (16)

CROSS ROCKS, STEP FORWARD, HEELS SPLITS

- 17&18 Cross rock R over L (17), Recover on L (&), Step R to R (18)
19&20 Cross rock L over R (19), Recover on R (&), Step L to L (20)
21,22 Step forward R (21), Step L next to R (22)
&23 Swivel heels out (&), Swivel heels to center (23)
&24 Swivel heels out (&), Swivel heels to center (24)

MONTEREY TURN, SLOW SAILOR, CROSS BEHIND, SIDE STEP, SLIDE

- 25,26 Point R to R (25), Pivot ½ R, stepping R next to L (26)
27,28 Point L to L (27), Step L next to R (28)
29& Cross R behind L (29), Step L to L (&)
30& Step R to R (30), Cross L behind R (&)
31,32 Long step R to R (31), Step L next to R (32)

(B) CHORUS

- 1,2 Point R to R (1), Cross R over L (2)
3,4 Point L to L (3), Cross L behind R (4)
5&6& Cross R over L (5), Step back on L (&), Step R to R, turning ¼ R (6), Step L forward (&)
7,8 Tap R heel forward twice (7,8)

Dance: A.A.B.(8 count tag) A.A.B.A.A.B.AAB

Tag: After 1st "B" Bump in place 8 counts and throw arms up on "Swingin".

Jamie Marshall, 1000 Northview Drive, Hendersonville, TN 37075 (615) 822-7345

Jdddancer@aol.com

The Heat

CHORIOGRAPHED OCTOBER 2001 BY JOHN H. ROBINSON, LOUISVILLE, KENTUCKY, USA
AND SHELL BLAKE, PLEASANTON, CALIFORNIA, USA

DESCRIPTION/DIFFICULTY: 4-Wall Line Dance, Intermediate

COUNTS/MOVEMENTS: 32 Counts / 45 Movements

SUGGESTED MUSIC: *Heat It Up* 98° (CD: "98° And Rising"). Start after first 32 counts when the boys start singing "Baby, let me love you..." When dancing to this song, there are two restarts. After three full repetitions, do the first 16 counts and then start over from the beginning. After the next three full repetitions, do the same thing. Both restarts occur when you're facing the front wall.

COUNT/CALL/DESCRIPTION

ANGLED WALK RIGHT, LEFT, RIGHT SIDE ROCK & CROSS, LEFT SIDE STEP.

RIGHT CROSS BEHIND & LEFT STEP ¼ TURN LEFT, RIGHT STEP FORWARD, LEFT TOUCH

- | | | |
|------|-----------------|---|
| 1,2 | Walk, walk | Right step forward toward right diagonal (1); left step forward across right (2) |
| 3&4 | Rock & cross | Right rock ball of foot to right side (3), recover weight to left (&), right step across left (4) |
| 5,6 | Side, behind | Left step side left (5); right step behind left (6) |
| &7,8 | Turn-step-touch | Left step into ¼ turn left (&), right step forward (7); left touch next to right (8) |

& LEFT STEP BACK, RIGHT TOE TAP FORWARD & RIGHT STEP HOME, LEFT TOUCH NEXT TO RIGHT, LEFT STEP BACK TWISTING BODY ¼ TURN LEFT, SHIFT WEIGHT FORWARD TO RIGHT

- | | | |
|------|----------------|---|
| &1&2 | & Toe & touch | Left step back (&), right toe tap forward (1), right step home (&), left touch next to right (2) |
| 3,4 | Twist, step | Left step back twisting body ¼ turn left (3); twist body ¼ turn right shifting weight forward to right foot (4) |
| 5&6 | Kick & touch | Left small kick forward (5), left step home (&), right toe tap forward (6) |
| &7&8 | & Down-up-kick | Keeping weight on left, contract shoulders forward (&), bend knees to "sit" down slightly, relaxing shoulders (7), contract shoulders forward (&), straighten up kicking right foot forward (8) |

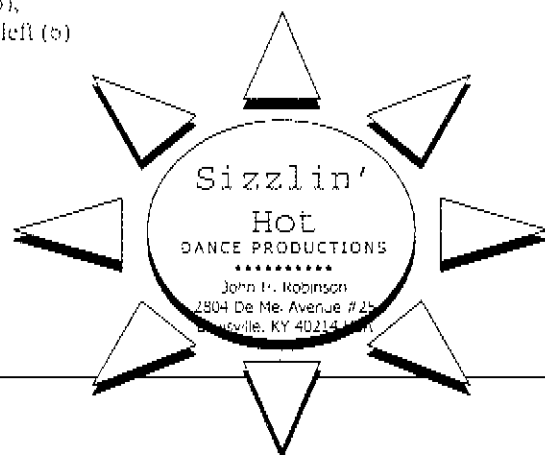
RIGHT COASTER STEP, LEFT STEP FORWARD, PIVOT ¼ TURN RIGHT, LEFT SHUFFLE FORWARD, RIGHT SIDE ROCK & SAILOR

- | | | |
|-----|-----------------|--|
| 1&2 | Coaster step | Right step back ball of foot (1), left step back next to right (&), right step forward (2) |
| 3,4 | Step, turn | Left step forward ball of foot (3); pivot ¼ turn right (4) |
| 5&6 | Left-right-left | Left step forward (5), right step forward in 3" position (&), left step forward (6) |
| 7&8 | Rock & sailor | Right rock ball of foot side right (7), recover weight to left (&), right step ball of foot behind left (8), left step side left (&) |

STEP, HOLD, & STEP, HOLD, LEFT SYNCOPATED CROSS ROCK & ¼ TURN LEFT, RIGHT SWEEP PIVOTING ¼ TURN LEFT, RIGHT TOUCH, SYNCOPATED HIP BUMP

- | | | |
|------|--------------|---|
| 1,2 | Step, hold | Right step forward toward right diagonal (1); hold position (2) |
| &3,4 | & Step, hold | Left step next to right (&), right step forward toward right diagonal (3); hold position (4) |
| 5&6 | Rock & turn | Left rock ball of foot forward across right (5), recover weight to right (&), left step ¼ turn left (6) |
| &7&8 | Sweep & bump | Right toe sweep pivoting ¼ turn left on ball of left (&), right touch next to left (7); bump hips right-left (&8) |

START AGAIN AND ENJOY!



Send email to mrshowcase@aol.com or acwcutie@hotmail.com

Website: www.mrshowcase.com

This dance was choreographed at the home of Doug Miranda & Jackie Snyder after their Cool Bash 2001 event.

Wannabe

Choreographed by Barry Amato - 12/01

Music: "Wannabe" by Savage Garden

32 count / 4 Wall / Low Advanced line dance

Step, Slide, Step - cross, Kick, Cross, Step, Knee pulse, recover

- 1-2 Step to the left on left foot (1). Slide right to left with right taking weight (2).
- &3 Step in place on left foot (&). Cross right foot over left with right taking weight (3).
- 4 Kick left foot to left side.
- 5-6 Cross left foot over right (5). Step to the right on the right foot with weight on both feet (6).
- 7-8 Bend right knee into the left leg (keeping left leg straight (7). Straighten right leg (8).

Press line with right foot, arm styling - described below, heel, step, heel, step, step, 1/2 turn pivot

- 1 Bend right leg with knee pointed toward the right and press on the ball of the foot as you bring right arm up with fist by right shoulder and elbow pointing straight out to right.
- 2 Bring right fist down and out to right side so that your right arm becomes straight out to the right side.
- 3 Drop right fist down and circle it around a full 360 degrees until the right arm is straight again. (Fist is now facing up.)
- 4 Continue to bring fist and right arm straight down to your right side as you step together with the right foot.
- 5 Touch right heel forward as you bring both arms up over head with elbows pointed out to sides (Arms will be "homed" overhead).
- & Step on the right foot as you circle left fists, overhead, counterclockwise with left fist and clockwise with right fist.
- 6 Touch the left heel forward as you bring your arms down to the sides of your legs. (Fists will be facing out.
- & Step on the left foot.
- 7 Step forward on the right foot as you begin to do a "figure 8" motion with your arms, bringing your right hand over the left.
- 8 Pivot a half turn to the left with left taking weight as you bring elbows to your side. (Fists straight out in front of you.)

Step slide, Step slide, hip roll right, touch

- 1-2 Step forward on the right as you take your arms straight out in front of you (1). Slide left to meet right as you bring elbows back to side (as if you are pulling something toward you -2).
- 3-4 Repeat 1-2 again.
- 5-6 Step to the right and roll your right hip clockwise (5). Place your weight down on left foot (6).
- 7-8 Repeat count 5. Touch left next to right (8).

1 1/4 turn left, Shuffle, touch right forward, bend knees, straighten, step, touch

- 1-2 Begin a turn left stepping on left (1). Complete turn to left stepping on right (2).
- 3&4 Shuffle forward stepping left-right-left
- 5 Touch right toe forward.
- 6-7 Bend both knees (6). * You can style this with a slight pelvic tilt forward as you bend your knees. Come up and straighten both legs as you step on right foot in place (7).
- 8 Touch the left foot next to the right.

Begin dance again!

Mark's Country Edge

THE WHISTLER

TYPE:
32 count
4 Wall line dance
RATING:

Intermediate

CHOREOGRAPHER:
Mark Cosenza (email: swiseguyx@yahoo.com)
& Glen Pospieszny
MUSIC:
Choreographed Music: I'm In Love by John The Whistler 130 BPM -
Album: CD Single
NOTE:
For additional fun with this dance, whistle along during the "whistling"
portions of song
(1-8) Brush and Hook, Shuffle and Pivot Full Turn Around

- 1,2 Brush R forward, Hook R Across left knee
3&4 Shuffle forward, R, L, R
5,6 Step forward L, Pivot 1/2 Turn R
7,8 Step forward L, Pivot 1/2 Turn R

(9-16) Rock 1/4 Coaster Step, Rock, Touch and Sway

- 1,2 Rock forward on L, Recover onto R foot and swing L around turning 1/4 to the left
3&4 Coaster Step, Step back on L, Step R together, Step forward L
5,6 Cross Rock R in front of L, Step L side L
7,8 Step R next to L and Sway R, Sway L

(17-24) Touch & Cross Behind, Cross Touch & Look Back Twice, Walk Back

- 1,2 Touch R side R, Cross R behind L
3,4 Touch L side L, Cross Touch L forward over R and Turn head back over L shoulder
5,6 Touch L side L, Cross Touch L forward over R and Turn head back over L shoulder
7,8 Walk back L, Walk back R

(25-32) Tap & Scoot Back, Step Forward & Pivot, Cross Back w/ a Tap

- &1 Tap L toe back, Scoot back on R
2 Step back on L
3,4 Step forward on R, Pivot 1/2 turn L
5,6 Cross L over R, Step back on R
7,8 Step back on L, Tap R toe back

Begin Again

Step Description courtesy of Mark's Country Edge located at countryedge.com

YES YOU WON'T

Choreographers : Johanna Barnes & Bryan McWherter

Description : ABC, 4 walls of 64 counts, 8 count tag, 1 wall of 64, first 32 counts, 4 count tag, last 32 counts, full 64 counts (plus)... (Technically : AB, AB, AB, AB, C, AB, A, D, B, AB...)

Style: hlted

Suggested Music : You Don't, You Won't by Billy Gillman. 192 BPM

Choreographers Note : The music fades but starts up again towards the end. Make this time a free-for-all, then start the dance again, or just fade the music.

R KICK, SAILOR STEP/ STOMP.

L KICK, SAILOR STEP/ STOMP

- 1 R kick to R side, slightly forward
- 2 R step behind L
- 3 L step slightly out to L side
- 4 R stomp slightly out to R side
- 5 L kick to L side, slightly forward
- 6 L step behind R
- 7 R step slightly out to R side
- 8 L stomp slightly out to L side

R WALK, HOLD, L WALK, HOLD.

CHARLES LON

- 1 R step forward
- 2 Hold
- 3 L step forward
- 4 Hold
- 5 R kick forward
- 6 Hold
- 7 R step back
- 8 Hold

L COASTER STEP, HOLD.

R STEP, 1/2 L PUSH TURN

- 1 L step back
- 2 R step next to L, taking weight
- 3 L step forward
- 4 Hold
- 5 R step forward
- 6 Hold
- 7 Pivot 1/2 turn L onto L
- 8 Hold

R SHUFFLE FORWARD, HOLD, QUICK L STEP,

R BEHIND, UNWIND FULL TURN R

- 1 R step forward
- 2 L step next to R
- 3 R step forward
- 4 Hold
- 5 L step forward
- 6 R step behind L in locked position
- 7-8 Unwind L full turn to R, finishing with weight on L

R SHUTTLE BACK, L STEP 1/2 L.

R STEP 1/2 L TOUCH L, STEP L, TOUCH R

- 1 R step back
- 2 L step next to R
- 3 R step back
- 4 L step forward, with 1/2 turn to L
- 5 R step forward with 1/4 turn to L
- 6 L touch next to R
- 7 L step out to L side
- 8 R touch next to L

R KICK, CROSS BACK, RECOVER, STEP.

L KICK, CROSS BACK, RECOVER, STEP

- 1 R kick out to R side, 45 degree angle
- 2 R cross behind L and step back
- 3 L recover weight forward
- 4 R long step forward to R at 45 degree angle (still facing forward)
- 5 L kick out to L side, 45 degree angle
- 6 L cross behind R and step back
- 7 R recover weight forward
- 8 L long step forward to L at 45 degree angle (still facing forward)

R SIDE STEP, TOGETHER, CLAP, ARM POSE.

L SIDE STEP, TOGETHER, CLAP ARM POSE

- 1 R step to R side
- 2 L touch next to R and Clap
- 3 R arm extended up and L arm out to the side
- 4 Hold
- 5 L step to L side
- 6 R touch next to L and Clap
- 7 L arm extended up and R arm out to the side
- 8 Hold

R WALK, HOLD, L WALK, HOLD.

COOL SWIVELS FWD

- 1 R step forward
- 2 Hold
- 3 L step forward
- 4 Hold
- 5 R step forward, toes out to R
- 6 L step forward, toes out to L
- 7 R step forward, toes out to R
- 8 L step forward, toes out to L

8 COUNT TAG

Do the first 8 counts (of A) (kick, sailor steps)

4 COUNT TAG

Hip bumps R, L, R, L

START AGAIN :

DANCE WHAT YOU FEEL !!!

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