



Step description provided by The Information Super Dance Floor

ISLAND BEAT

Choreographed by Susan Brooks

219-586-2464

smbrooks@netscape.net



Description: 32-count 2-wall, line dance, done in off-set contra lines or in a circle

Music: Cannibal - Buster Poindexter -
Hot, Hot, Hot - Buster Poindexter -
Dry Bread - Jimmy Buffett -

1-4 Bump hips right, right, left, left as you
roll hand up twice and down twice as you bend body up then down

5-8 Vine right, touch left and bump hips right and clap

9-12 Repeat 1-4 reversing hip movement

13-16 Vine left, 1/4 turn left - touch right/clap and bump left

LINES CROSS

17-18 Side step right, step left behind right

19-20 Side step right, step left across right

21-22 Step forward right and sway hips right, pivot 1/8 left and sway hips left

23-24 Step forward right and sway hips right, pivot 1/8 left and sway hips left
(NOW FACING OPPOSITE LINE)

25-27 Step forward right, left, right

28 Kick forward left - slap hands with 2 people in opposite line and
yell "Hey Mon"

29-31 Step back left, right, left

32 Touch right and yell "Go Mon"

BEGTN AGAIN