

Hold Your Horses

Choreographed by: A.T. Kinson and Tom Mickers

Music: Hold Your Horses, E-type, 140 bpm featured on the new Superstars productions CD 'The Ultimate in Dance'

Description: 48 Counts 4 Wall Intermediate/Advanced Line Dance.

Note: There is a tag after every 2nd wall of the dance.

KICK BALL STEP, 1/4 TURN L, SKATER STEP x4

1&2 Kick R to R side, Step R in place, Step L forward
3,4 Step R forward, 1/4 turn L as you step L
5,6 Skate R, Skate L
7,8 Skate R, Skate L

STEP TOUCH, STEP TOUCH, TROT STEP BACKWARDS

1,2 Step R to R side, Touch L toe behind R
3,4 Step L to L side, Touch R toe behind L
&5&6 Trot back R, L, R, L (Feet shoulder width apart)
&7&8 Repeat counts &5&6

GRAPEVINE RIGHT, GRAPEVINE LEFT

1,2 Step R to R side, Step L behind R
3,4 Step R to R side, Touch L next to R
5,6 Step L to L side, Step R behind L
7,8 Step L to L side, Touch R next to L

Arm Movements for grapevine steps above:

1 R arm bent parallel to floor across chest as palm of L hand pushes R fist to the R
2 Repeat step 1 but with opposite arm
3,4 Both hands touch shoulders, Bring arms straight down
5,6,7,8 Repeat steps 1-4 traveling to the L

KNEE KNOCKS X2

1-4 With feet together knock knees in and out starting with knees knocking in
5-8 Repeat steps 1-4
As you do counts 1-4 lean body to the right as you stretch left arm forward and circle from front to left side
On counts 5-8 do the same but leaning to the left and using right arm

STEP, KICK, CROSS, BACK, POINT, AND HEEL, AND TOUCH TURN

1,2 Step forward on L, Kick R down towards floor
3,4 Cross R over L, Step back on L
5&6 Point R to R side, Step R next to L, L heel forward
&7,8 Step L next to R, Touch R toe back, 1/2 turn over R shoulder as you transfer weight to R foot

STEP, SCUFF, STEP, STOMP, SWIVEL AND SWIVEL, STEP BACK, TOGETHER

1,2 Step forward on L, Scuff R forward
3,4 Step down on R, Stomp L in front of R
5&6 Swivel heels to the L, to center, to L
7,8 Step back on L, Step R next to L

Repeat the last 16 counts to finish the dance.

The Tag

Reminder: The tag comes in after every 2nd wall of the dance

GRAPEVINE RIGHT, GRAPEVINE LEFT 1/4

1,2 Step R to R side, Step L behind R
3,4 Step R to R side, Touch L next to R
5,6 Step L to L side, Step R behind L
7,8 Step L into 1/4 turn L, Touch R next to L

PADDLE TURN LEFT, PADDLE TURN RIGHT

1,2,3,4 Point R to R side making a 1/4 turn L, Repeat on counts 2 and 3 all together to make a 3/4 turn, on count 4 step onto R
5,6,7 Point L to L side making a 1/4 turn R, Repeat on counts 6 and 7 again to make a 3/4 turn
8 Step L forward into a 1/4 turn R

Hope you enjoy and begin again!!