

FAST WOMEN

CHOREOGRAPHER: Guyton Mundy
DESCRIPTION: 32 counts, 4 walls, Beginner/ Intermediate
MUSIC: Good Little Girls by Blue County

R KICK BALL CHANGE, R SAILOR STEP, L BEHIND & CROSS $\frac{1}{4}$ TURN R, SAILOR W $\frac{1}{2}$ TURN

1&2 R Kick, Step R, Step L,

3&4 Step R behind, Step together with L, Step forward on R

5&6 Step L behind R, step together with R turning $\frac{1}{4}$ to R, Step forward on L (3:00)

7&8 Step R behind L turning $\frac{1}{4}$ R, Step together with L turning $\frac{1}{4}$ R, Step fwd R (9:00)

L HIP WALK, R HIP WALK, ROCK FWD L, L LOCK STEP BACK

1-2 Touch L toe forward, Step forward on L

3-4 Touch R fwd forward, step forward on R

5,6 Rock fwd on L, recover on R

7&8 Step L back, lock R into L, Step L back

R LOCK STEP BACK, L ROCK BACK, SHUFFLE FWD L, R, L, WALK FWD R, L

1&2 Step R back, lock L into R, Step R back

3,4 Rock back on L, recover on R

5&6 Shuffle fwd L, R, L

7,8 Walk fwd R, L

STEP FWD ON R TURNING $\frac{1}{4}$ TO L, L BEHIND & CROSS, R SIDE ROCK,
R BEHIND & CROSS W $\frac{1}{4}$ TURN TO L, STEP FWD ON L

1 Step fwd on R turning $\frac{1}{4}$ to L,

2&3 Step L behind R, Step R to R side, Cross L in front of R

4,5 Side rock on R to R side, recover to L

6&7 Step R behind L, Step L to L side turning $\frac{1}{4}$ to L, Step fwd on R

8 Walk fwd on L

BEGIN AGAIN