


# BACK FOR MORE

**Choreographer:**  
**Description:**  
**Suggested Music:**

Joanne Brady Hockessin, Delaware (302)239-5914  
32 Count, 4 Wall Line Dance



Delbert McClinton "Back to Louisiana" 128 BPM  
Patty Loveless "Can't Get Enough" 128 BPM  
> Huey Lewis "Stagger Lee" 160 BPM or Little Bitty Pretty One 190 BPM  
Confederate Railroad "Cowboy Cadillac" 160 BPM  
Diamond Rio "Unbelievable" 160 BPM  
Garth Brooks "Rollin'" 192 BPM (killer speed!!)

## KNEE ROLLS (POPS)

1,2,3,4

Weight on L, with R knee bent and R heel off floor, roll R knee in (1)  
roll out (2), roll in (3), roll out putting weight on R foot (4) while snapping R  
hand on 2 & 4

5,6,7,8

Weight on R, with L knee bent and L heel off floor, roll L knee in (1)  
roll out (2), roll in (3), roll out putting weight on L foot (4) while  
snapping L hand on 6 & 8.

## TOE STRUTS, "BOOGIE" WALK FORWARD (with optional hand motions)

1,2,

Step forward on R toe, Drop R heel

3,4

Step forward on L toe, Drop L heel

5,6,7,8

Step R foot forward crossing left, slightly twisting to L  
Step L foot forward crossing right, slightly twisting to R  
Step R foot forward crossing left, slightly twisting to L  
Step L foot forward crossing right, slightly twisting to R

**Optional Hand Motions:**

While traveling forward on "boogie" walk hold both hands (fingers spread) at shoulder level  
and shake;

## ROMP, "BOOGIE" WALK BACKWARD

&,1

Step back on R, Tap L heel forward

&,2

Step L foot in place, Tap R Toe at instep

&,3

Step back on R, Tap L heel forward

&,4

Step L foot in place, Tap R Toe at instep

5

Step R foot back crossing behind left,

6

Step L foot back crossing behind right,

7

Step R foot back crossing behind left,

8

Step L foot back crossing behind right

**Option for beats 5-8:**

If the music is extremely "fast" take a big step back on R (5), Drag the L back beside R (6,7)  
and Stomp L on beat 8 (left foot takes the weight)

## HALF MONTEREY TO RIGHT; QUARTER MONTEREY TO RIGHT

1,2

Touch R toe to side, turn  $\frac{1}{2}$  turn R on ball of L foot bringing R beside L,

3,4

Touch L toe to side, step L beside R

5,6

Touch R toe to side, turn  $\frac{1}{4}$  turn R on ball of L foot bringing R beside L,

7,8

Touch L toe to side, step L beside R

## BEGIN DANCE AGAIN

Dance this dance with attitude and your own styling! Have FUN with it!